

# Broadalbin-Perth to host Senior Citizens Prom on May 17

The Broadalbin-Perth Central School District has partnered with the Fulton County Office for the Aging to present the 2024 Senior Citizens Prom.

The prom will take place from 5-8 p.m. Friday, May 17, in the auxiliary gymnasium at Broadalbin-Perth Jr./Sr. High School, 100 Bridge St, Broadalbin.

Senior citizens in the community, as well as alumni of the former Broadalbin and Perth school districts, are invited to enjoy a fun-filled evening that includes dinner, dancing, photo opportunities, and more. B-P's student cover band will be performing alongside music teacher Mike Graves as the DJ. Student volunteers will help throughout the event.

The theme of the prom is "Enchanted Garden." Attire is floral semi-formal. A prom court, including a prom king and prom queen, will be selected from the attendees.

For more information about this event, including how to RSVP, contact the Fulton County Office for the Aging at 518-736-5650.



PHOTO PROVIDED

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PHOTO PROVIDED

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## AMSTERDAM

# Mowrey appointed as Director of New Dimensions in Health Care

New Dimensions in Health Care (NDHC) recently announced the appointment of Catherine Mowrey as the new Director of the Amsterdam-based health center.

In this position, Mowrey will oversee operations of the health center, which offers both dental and medical services. Mowrey has over 16 years of leadership experience in the health care sector. Along with serving as the Director of NDHC, Mowrey is the Director of Medical and Clinical Services at Liberty ARC. New Dimensions is a subsidiary of Liberty ARC, a non-profit organization that supports people with intellectual and developmental disabilities in

Montgomery County.

Mowrey has worked at Liberty ARC for 20 years, starting her career as a Medicaid Service Coordinator, then as a Habilitation Coordinator in Day Program to an Assistant Director of Family Supports Services. Prior to gaining employment at Liberty ARC, Mowrey worked for another direct care agency that provides services to people disabilities as a Habilitation Service Practitioner.

"In this new role I am looking forward to working in another part of the agency," Mowrey said in a news release. "In my years with Liberty ARC, I have had many opportunities to grow my career and I am excited to continue my

journey at New Dimensions. What I bring to this role is my many years of experience and knowledge in the health care field. With that I can make a positive impact on the team at NDHC and the community of people receiving our quality healthcare services."

Mowrey received her Associate's Degree in Science from Fulton-Montgomery Community College, her Bachelors of Science from SUNY Upstate Medical University, and her Master's Degree in Health Care from Russell Sage College.

Mowrey is stepping into the role previously held by Dennis Yacobucci, who oversaw operations of New Dimensions since 2005. Dennis' role as facilities

director is expanding with the unification between Liberty ARC and Schenectady ARC, and this change will allow him to focus on that larger role covering facilities in two counties.

"We're extremely grateful to Dennis for the work he's done with New Dimensions over the years, and welcome Catherine into this role," said Jennifer Saunders, CEO of New Dimensions in Health Care, in the release. "Catherine exhibits the knowledge and dedication to lead a strong team in providing excellent person-centered healthcare to people of all ages and abilities. We are thrilled have her and her high level of professionalism and commitment at New Dimensions."

## MONTGOMERY COUNTY

# One Zee Tees named County's Small Business of the Month

FONDA — Stewart and Jessica Friesen have accomplished so much on the track during their racing career, but it may be something off of the track which has been most meaningful for the couple. Through their screen print and embroidery shop, One Zee Tees, Stewart and Jessica have built a successful business that has, in part, helped support another passion.

One Zee Tees has been selected as Montgomery County's Small Business of the Month by County Executive Matthew L. Ossenfort and the Montgomery County Business Development Center because of its community impact and important achievement of raising financial support and awareness for autism, which includes a recent donation of \$10,000 to an autism classroom at Canajoharie Central School.

"One Zee Tees is a great, local small business," County Executive Matthew L. Ossenfort said in a news release. "Stewart and Jessica Friesen are great local ambassadors to Montgomery County. They continue to give back in a variety of ways, which includes their non-profit. All of these things are making a differ-

ence in our community."

Stewart and Jessica Friesen have spent 15 years traveling the country, chasing their passion of racing and being professional race car drivers, prior to settling in their current home in Sprakers. Stewart remains a stand out dirt modified racer, as well as a pro on the NASCAR Craftman Truck Series, while Jessica continue to run 20-25 races per year. After building a home and starting a family, Jessica knew her time behind the wheel would be more limited, so she and Stewart started One Zee Tees, in 2014. One Zee Tees specializes in custom design screen printing and embroidery, not only for motorsports, but all avenues of apparel needs.

About a year after welcoming their son, Parker, he was diagnosed on the autism spectrum. Stewart and Jessica invested all of their free time into learning and becoming educated about autism. After three years of intensive therapy, Parker started making great strides, but the Friesens wanted to use this experience and their platform as business owners and professional race car drivers to educate others about autism.

With the help of their friends and volunteers, Stewart and Jessica started holding small fundraisers, which led to larger efforts. In 2023, with the help of Chris and Colleen Larson from Halmar International, the Friesens launched the not-for-profit, Aim Autism Inc., expanding the possibilities of their autism directed charitable programs.

All told, the Friesens have raised more than \$300,000, which they have donated to local school and children's centers, as well as provide help and assistance for individual families, who have had similar experiences.

"Everything that Stewart and Jessica are involved in is top notch, from their racing careers to their business and their non-profit," Montgomery County Business Development Center CEO Ken Rose said. "One Zee Tees has high-quality products that are perfect for anyone looking for great merchandise. The Friesens are great people who give back to this community at every opportunity they get."

You can order merchandise from One Zee Tees on the website [www.onezeetees.com](http://www.onezeetees.com) or contact through email at [OZ-Tonline@yahoo.com](mailto:OZ-Tonline@yahoo.com).

tonline@yahoo.com.

The Friesens team up to run and operate the NASCAR truck series team Halmar Friesen Racing, based in North Carolina. Stewart and Jessica handle every aspect of all of three of their businesses and they continue to make a great team, both on and off of the track. Even though it's never a slow season for the Friesens, they continue to look for ways to give back to the community they are a part of and the cause so near and dear to their hearts.

The small business of the month initiative recognizes local Montgomery County businesses that are making a difference in the community. Anyone wishing to nominate a deserving small business for recognition next month should contact the Montgomery County Business Development Center at 518-853-8334 or email [vnicosia2@co.montgomery.ny.us](mailto:vnicosia2@co.montgomery.ny.us) with a brief note about the positive impact the company is making on the community. Nominations can also be submitted by sharing a post and tagging the business on the Business Development Center's Facebook and Instagram accounts.

## GLOVERSVILLE

# Fulton County Youth Day slated for July 17

The Glove City Coalition, in partnership with the Fulton County Youth Bureau, ASAPP's Promise Coalition, and the Johnstown Community Coalition, is holding the First Annual Fulton County Youth Day on July 17, with a rain alternative date of July 18, from 11 a.m.-3 p.m. at the Rail Station Park in Gloversville.

Fulton County Youth Day is an opportunity for our community to support healthy living and positive community involvement. All activities and booths will be free to participants. Some activities will require youth to be accompanied by an adult in order to participate.

The event will provide opportunities for young people to build social skills through group games, team-building exercises, fun competitions, and recreational activities. Activities planned include an obstacle bounce house, a corn hole tournament, tug of war contest, sack races, a life-size Candyland style game called "Healthy Choice-land," and lawn games. The police department plans to hold a bicycle rodeo.

There will be a DJ with dance contests and face painting will be offered. Home Depot will be there with free STEM Kits. There will be a "Throw the Wet Sponge at an Adult" opportunity.

More activities will be added as we continue to recruit community members' involvement.

The Gloversville-Johnstown Kiwanis Club will be making hot dogs free to youth and CG Roxane has donated water.

Local organizations, agencies, and clubs are invited to host a booth that includes a free carnival-type game. We are not offering commercial space.

Sponsorships are still available for the event.

Financial Partners include the Fulton County Youth Bureau and the Danforth Fund. Gloversville PBA is a Supporting Sponsor.

Advocate Sponsors include The Johnstown Firefighters Association, Fage, and the Gloversville Firefighters Association. Donations have also been received from First Choice Financial and the Johnstown PBA.

The coalition is still looking for clubs and organizations to provide games and information, activities, and resources for the day.

To make the event successful, a considerable number of volunteers are necessary.

If you are interested in helping out in any way, contact Bonnie Peck at [bonnie.peck@gesdk12.org](mailto:bonnie.peck@gesdk12.org) or via phone t 518-775-5720 extension 2148.

In order to provide the healthiest environment possible, Fulton County Youth Day will be a "substance-free" event. No alcohol, tobacco/vape, or cannabis use will be permitted at the event.

## AMSTERDAM

# St. Mary's promotes Norton to Director of Patient Accounts

Grant Norton, of Scotia, has been named director of patient accounts at St. Mary's Healthcare. Previously, he was a senior business analyst at the local, independent healthcare provider.

Norton also has held positions at other Capital Region hospitals and healthcare-related organizations. He has served as practice manager for system outreach at the Albany Med Health System, performance consultant for the Healthy Alliance social care network, and manager of pediatrics for Ellis Medicine.

Norton joined St. Mary's in February 2023 and quickly earned recognition for both his collaborative approach and ability to identify and improve billing processes, according to Keith Waters, St. Mary's vice president and chief financial officer.

"Grant has garnered the trust, respect and support of his peers and the entire revenue cycle staff," Waters said in a news release. "His willingness to listen, learn processes, understand issues, offer solutions and build consensus, coupled with his ability to make data-informed



PHOTO PROVIDED

Grant Norton. decisions, make him a perfect candidate for this director position."

Norton has strong ties to the Capital Region. He grew up in Scotia, graduated from Scotia-Glenville High School, and earned a bachelor's degree from Siena College. He also holds a Master of Science degree in healthcare data analytics and a Master of Business Administration in healthcare management, both from Clarkson University.