



## **NEWS RELEASE**

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**Amsterdam** - This past weekend jolly old St. Nick visited Liberty Fresh Market at their “Cookies with Santa” event. The little ones (and furry four legged-friends) were able to visit with Santa and take home a photo to remember their chat. They also had the opportunity to decorate a plate and personalize it for Santa’s midnight visit. Over 50 children had a festive time at the market. Liberty Fresh Market, located at 4867 Rt. 30, Amsterdam, is a bulk-food store operated by Liberty ARC that focuses on providing job training to individuals with developmental disabilities.

Founded in 1957 by local parents and family members of people with disabilities, Liberty is a not-for-profit, member chapter of NYSARC, Inc. a statewide organization serving over 60,000 individuals throughout New York. Liberty is the largest provider of services to people with developmental disabilities in Montgomery County, offering day, residential, vocational, family support and health-related programs to over 650 individuals with disabilities and other persons with special needs in the community.

Liberty Fresh Market is an employment and training program aimed at preparing the individuals Liberty supports with skills that can be applied in a retail food business. Liberty Fresh Market is proud to offer the Amsterdam area with a unique variety of affordable, high quality, healthy food and product choices, supplied by local growers and producers.

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